

Student: _____ **SID:** _____ **Notes:** _____

Degree requires at least 90 college level credits (numbered 100 and above) with a minimum 2.0 cumulative GPA, a minimum of 25 credits completed in residence, and completion of all requirements. **University admission requirements vary**—consult with an advisor for specific information.

GENERAL EDUCATION CORE COURSES *[will you need an additional math course for transfer?]* **20 CREDITS**

✓ Complete	Course Name and Number	Credits	Credits Remaining
	COLL 101 - <i>to be taken within first 30 credits at Cascadia</i>		
	ENGL&101		
	ENGL&102		
	MATH&146		

EQUITY, DIVERSITY & POWER REQUIREMENTS: (10 cr) Courses count toward corresponding distribution area.

- Choose one of the following EDP courses (5 credits) – CMST 150, GS 150, HIST 150, HUMAN 150, **OR** SOC 150 **AND**
- One additional course designated EDP in any distribution area below (5 credits) (see back for options)

HUMANITIES DISTRIBUTION REQUIREMENT **15 CREDITS**

Completion of a minimum of 15 credits from at least 2 different disciplines with a maximum of 10 credits from 1 discipline. **No more than 5 credits** from those courses designated by an **underline** as performance/skills, applied theory or lecture/studio courses. Only 5 credits of world language or ASL at the 100 level may be included.

✓ Complete	Course Name and Number	Credits	Credits Remaining
	CMST&220		

SOCIAL SCIENCES DISTRIBUTION REQUIREMENT- **15 CREDITS**

Completion of a minimum of 15 credits from at least 2 different disciplines with a maximum of 10 credits from 1 discipline.

✓ Complete	Course Name and Number	Credits	Credits Remaining
	PSYC&100		
	PSYC&200		
	Choose one: SOC &101, 150, 201, 231, 241 or 271		

NATURAL SCIENCES DISTRIBUTION REQUIREMENT **38 CREDITS**

✓ Complete	Course Name and Number	Credits	Credits Remaining
	BIOL&211		
	BIOL&241		
	BIOL&242		
	BIOL&260		
	CHEM&121		
	CHEM&131		
	NUTR&101		

REQUIRED ELECTIVE CREDITS *[will you need world language for transfer?]* **5 CREDITS**

Remaining elective credits should be planned with the help of an advisor based on the requirements of the specific major at the institution the student selects to attend. Elective credits may be selected from any of the distribution courses. Five (5) restricted electives allowed; COLL 101 is restricted electives.

✓ Complete	Course Name and Number	Credits	Credits Remaining

See reverse side for specific university information

minimum **90 TOTAL CREDITS**

<p>Pre-College Level Courses (if applicable) Math: English:</p>
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Advisor: _____ **Date:** _____

DISTRIBUTION REQUIREMENTS – 2024-2025 Catalog

EQUITY, DIVERSITY & POWER (EDP) REQUIREMENT (10 cr) **Must be satisfied to be granted Associate Degree.**

- Choose one of the following EDP courses (5 credits) – CMST 150, GS 150, HIST 150, HUMAN 150, **OR** SOC 150 **AND**
- Additional Equity, Diversity & Power course (5 credits) - Choose one of the courses that are **Bold** and marked with an **asterisk (*)** below. The courses that satisfy this requirement also count towards the corresponding distribution area.

HUMANITIES DISTRIBUTION REQUIREMENT

15 CREDITS

Students must complete a minimum of 15 credits from the following list. Courses must be chosen from at least two different disciplines with a maximum of 10 credits from 1 discipline. No more than 5 credits may be included from those courses designated by an underline as performance/skills, applied theory or lecture/studio courses. Only 5 credits of world language at the 100 level may be included.

AIIS **102***, **103***, **203***

ART&100*, 110, 120, 121, 122, **135***, **140***, **141***, **142***, 220, 224, 240

ASL **&121***, **&122***, **&123***

CMST&101, &102 (f. **203***), **103***, 105, **110***, **150***, **201***, &210, **211***, &220, **&230***, **233***, 243, **251***

DRMA**&101**, **103***, 151

ENGL**&111***, **&112*** (f. **211***), **&114*** (f. **221***), &235, **&236*** (f. 115), **&237*** (f. 274), **&238*** (f. 277), **&244***, **&245***, **&254***, **&255***

GS **101***, **150***, 220 (f. **220***), **230***

HIST **&126***, **&127***, **&128***, **&146***, **&147***, **&148***, **150***, 210 (f. **210***), **&214***, 262, 268 (f. **268***)

HUMAN **107*** 120, 125 (f. **125***), **150***, 210, 211, 212

JAPN**&121***, **&122***, **&123***, **&221***, **&222***, **&223***

MUSC **&105***, **130***, **140***

PHIL&101, **102***, &115, &120, **220***, **238***, 240, 242, 243, 260 (f. **260***), 267

SPAN**&121***, **&122***, **&123***, **&221***, **&222***, **&223***

SOCIAL SCIENCES DISTRIBUTION REQUIREMENT

15 CREDITS

Completion of a minimum of 15 credits from at least 2 different disciplines with a maximum of 10 credits from 1 discipline.

AIIS **203***

ANTH**&100***, **&104***, **151***, &204, **&206***, **&207***, **234***, **&235*** (f. **275***)

BUS&101, &201

ECON&201, &202

EDUC&205

GS **101***, **150***, 220 (f. **220***), **230***

HIST**&126***, **&127***, **&128***, **&146***, **&147***, **&148***, **150***, 210 (f. **210***), **&214***, 262, 268 (f. **268***)

POLS**&101***, **&200***, &202, &203, &204, 205 (f. **205***), 206, **213***

PSYC&100, **171***, **&180***, &200, 209, **210***, &220, **245***, **250***, 251

SOC**&101***, **150***, **201***, **231***, **241***, **271***

NATURAL SCIENCES DISTRIBUTION REQUIREMENT

38 CREDITS

ANTH&205

ASTR&100, &101, &115

ATMS 101

BIOL 120, 165, &170, &211, &212, &213, &241, &242 &260

CHEM&105, &121, &131, &139, &161, &162, &163, &241,

&242, &243, 254, 255

ENGR 120, 131, &204, &214, &215, &225, &240 (f. 240)

ENVS &101, **120***, 210, 220

GEOG 120, 250 (f. **250***)

GEOL&101

MATH&107, &131, &132, &141, &142, &146, 147, &148, &151, &152, &163, 208, 238, 246, &264

NSCI 101

NUTR&101

OCEA &101

PHYS&100, &114, &115, &116, &221, &222, &223

PSYC 202

SPECIFIC UNIVERSITY INFORMATION

- This degree is intended for students who wish to transfer to a BSN program.
- UW-Seattle and Seattle University require 10 credits in quantitative/symbolic reasoning with the additional class in college algebra or pre-calculus (at UW-Seattle, a class in Logic (PHIL 120) also serves for this additional class).
- Northwest University requires Cultural Anthropology and does not accept a course in Sociology as a substitute. Students may be admitted to the BSN without Cultural Anthropology if they agree to complete the course at NU in the summer prior to the junior year.
- Northwest University requires 2 credits of Genetics. Students may be admitted to the BSN without Genetics if they agree to complete the course at NU in the summer prior to the junior year.
- Admission to BSN upper-division nursing programs is highly competitive; therefore, no particular GPA can guarantee admission to any specific nursing program.
- Please contact transfer admissions for information about applying to the Nursing major at their institution.

Cascadia College Student Advising & Support Services: advising@cascadia.edu / Kodiak Corner

Cascadia College is an equal opportunity institution and does not discriminate.

See full statement at: <https://www.cascadia.edu/about/governance-accreditation/policies.aspx#non>

All Cascadia materials are available in alternative formats & can be requested by contacting the Human Resources Office.

To request accessibility accommodations for student events, please contact Student Accessibility Services at 425.352.8128 or accessibility@cascadia.edu at least 10 days prior to the event.